



***Commanding Officer***  
***1st Network Battalion***



***Unit, Personal, and Family Readiness Statement***

1st Network Battalion is a people-first organization where we recognize the fact that they are our most precious resource; this includes the Marines, Civilians and Contractors who carry out our important mission each and every day. Our unit, personal, and family readiness directly relate to one another, and each can individually support or detract from the others if we're not attentive to them.

I'm committed to the Unit, Personal, and Family Readiness Program (UPFRP) and the Single Marine Program as these are mutually supportive programs that allow our personnel to balance the many competing requirements we all experience in life. Executed smartly, these programs reenforce each other. The UPFRP command team will work alongside our unit readiness coordinator (URC) to establish partnerships that build resiliency amongst the personnel and families of our unit. Building this resiliency is a mission essential requirement for our Battalion and therefore this is a leadership issue for all commanders, officers in charge, managers, and supervisors at all levels.

The four tenets of UPFRP are:

1. **Deployment Support.** This is education, training, and support to Marines and family members during deployment cycles inclusive of periods of where the mission requires long hours of work which often includes working under stress.
2. **Official Communication.** This includes all forms of communication directly from me or on my behalf distributed to the Marines, Civilians, Contractors and their families or authorized contacts. This communication will convey information on our unit's status while protecting operational security (OPSEC.)
3. **Readiness and Resource Support.** This is published information and training about services, resources, and referrals supporting the personal and family readiness needs of 1st Network Battalion.
4. **Volunteer Management.** This is the coordination of volunteers in accordance with all regulations.

*Semper Fidelis*

***James M. Ploski***

***LtCol, USMC***